

Charleston native Joshua Sipes knew he wanted to pursue a career in physical therapy, and is grateful that Sarah Bush Lincoln helped him kickstart that journey.

Joshua, a freshman at Concordia University, Wisconsin, on a pre-physical therapy track, received a scholarship during his senior year at Charleston High School (CHS).

"I am very grateful for that financial help," he said.
"College is expensive, so everything helps. I would
recommend applying for SBL Volunteer Guild
scholarships to any students in the area looking
at a medical career."

At CHS, Joshua played baseball and basketball. Because of his athletic background, he wanted a flexible career where he could stay active, both at work and in his personal time. He's also very social, so he looked for a career where he could build relationships with people. "I thought physical therapy would allow me to help people and develop strong relationships with those I treat," he explained.

SBL helped Joshua gain valuable insight into what his career could look like. He shadowed SBL Physical Therapist Stacy Carroll while in high school and gained a valuable first-hand look at the job.

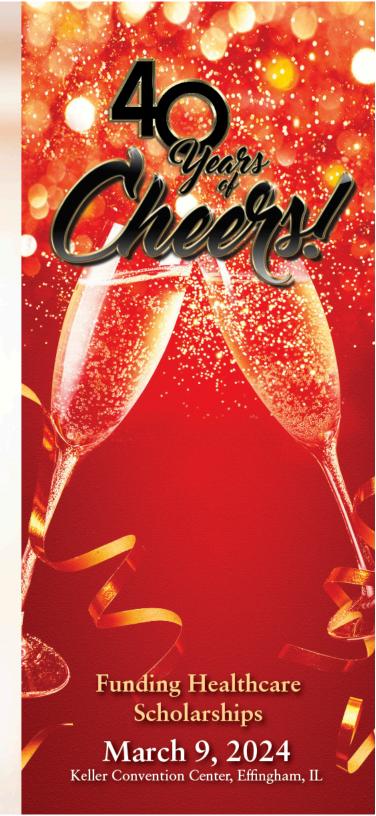
Since 1979, the Volunteer Guild has awarded nearly \$840,000 in scholarships in our 10-county service area to students who are pursuing their education in medically-related fields.

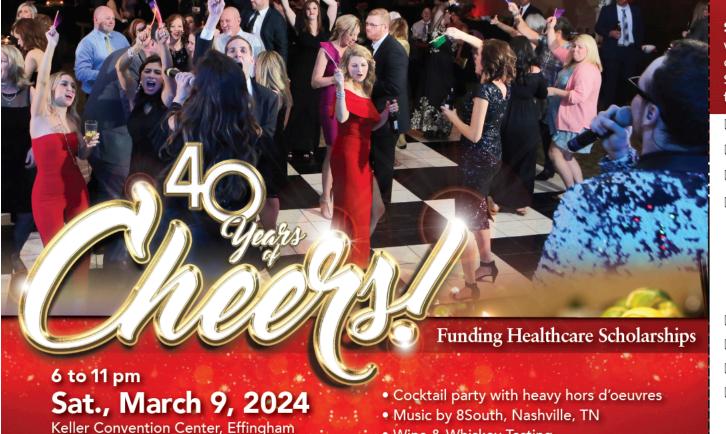
With today's shortage of healthcare professionals, it's especially important to touch those who appreciate the need for quality healthcare in a rural setting. Net proceeds from *Chebrs!* support the Volunteer Guild Scholarship Program.



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To stop receiving information from the SBL Health Foundation, call (217) 258-2511.





\$85 per ticket

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- Wine & Whiskey Tasting
- Invitations are open to the public.
- Reservations are required.



Conference Rooms 1 & 2





GRAND PRIZE

and runner up prizes awarded

Special bounty for knocking out our 2023 winner, Nate Brettin.

Sponsors receive: recognition on social media, SBL website, and at the event; an invitation to a private cocktail reception for those sponsoring at or above the \$1,000 level; and one-time scholarship naming rights for those sponsoring at or above the \$500 level.

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□ \$500 Event Sponsors include 2 tickets: o Band Sponsor o Centerpiece Sponsor o Dessert Sponsor o Coffee Bar Sponsor o Hors d'oeuvres Sponsor
□ \$250 Mentor
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A chance to win either jewelry from Towne Square Jewelers, Charleston, or four St. Louis Cardinals baseball tickets from Roy Schmidt Honda, Effingham.
I am unable to attend, but would like to make a \$ donation. (At or above \$500 receives
one-time scholarship naming rights.)
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